



Saint Athanasius at Prayer

A Guide for Daily Meditation and Prayer in the homes of our families.

The Week of the Resurrection +
April 6-11, 2026

2025-26 School Year Theme Verse

I am sure of this, that he who began a good work in you will bring it to completion at the day of Jesus Christ.

~ Philippians 1:6

This Week: *Alleluia! Christ is risen! He is risen indeed! Alleluia!* We now enter into the **fifty days** of the Easter season. Yes, fifty days! Easter is too important and great and joyous to celebrate just one day. So the *forty* days of Lent and its fast are followed by the fifty days of Easter joy and its feasting. This Sunday we hear about Jesus coming to His frightened disciples who were behind locked doors and He gives them peace. He is alive! He is with them! And their sins are forgiven. Thomas isn't there that night, but He needs this peace, too. The apostle Peter, who was there that night, would later write in his Epistle that we have been reborn to a living hope and have an inheritance that can never be taken away from us - because it is given to us by Jesus! Knowing that, the disciples are bold and courageous, even when the Jewish leaders arrest them and beat them. They rejoice! Because they know Jesus and His victory is theirs. And it is ours, too! Our sins are forgiven, the devil is defeated, and death will simply be our passageway from this life to the next, with Jesus. No wonder our joy is so great! *Christ is risen! He is risen indeed! Alleluia!*

The Order of Meditation and Prayer

Pray and confess out loud as much from the order of meditation and prayer as you are able, or as your family size and ages permit. Learn by heart the verse and catechism for the week, as well as the theme verse (above) for the year.

Invocation

In the name of the Father and of the + Son and of the Holy Spirit. Amen.

Confess the Apostles' Creed

(Consult the "Companion Sheet" for the words of this Creed.)

Read Psalm 148 *(see next page)*

Scripture for the Week to Read and Discuss

Monday	Exodus 15:1-18	<i>When did Moses and the people of Israel sing this song? What had just happened? (<u>Hint</u>: look at chapter 14!) How are these words also true for us because of Jesus' victory over sin, death, and the devil!</i>
Tuesday	Luke 24:36-49	<i>Jesus proved His resurrection to His disciples in three ways - can you find all three of them in these verses? Which one do you think was most important? By which one do we also know that Jesus is risen from the dead?</i>
Wednesday	John 21:1-14	<i>Read Luke 5:1-11. How are these two stories alike? How are they different? What did Jesus tell His disciples the first time, in Luke's story? How might this repeat be the start of that?</i>
Thursday	Acts 5:29-42	<i>Why were the Jewish leaders enraged? Why <u>were</u>n't the apostles enraged when they were flogged? Do you think that's strange? What caused this in them?</i>
Friday	1 Peter 1:3-9	<i>What has Jesus' resurrection done for us? What do we now have? Why must we also suffer trials? How are these good for us?</i>
Saturday	John 20:19-31	<i>Why was Jesus' peace so important to the disciples? Why did they <u>not</u> have peace until Jesus came? What was Thomas like without Jesus' peace? How will the apostles now give this peace to others? How do we receive it today?</i>

Learn by Heart

Scripture: 1 Peter 2:2-3 - "Like newborn infants, long for the pure spiritual milk, that by it you may grow up to salvation - if indeed you have tasted that the Lord is good."

Catechism: **Baptism - What benefits does Baptism give?** It works forgiveness of sins, rescues from death and the devil, and gives eternal salvation to all who believe this, as the words and promises of God declare.

Which are these words and promises of God? Christ our Lord says in the last chapter of Mark: “whoever believes and is baptized will be saved, but whoever does not believe will be condemned.” Mark 16:16

Prayers

Collect for the Week: Almighty God, grant that we who have celebrated the Lord’s resurrection may by Your grace confess in our life and conversation that Jesus is Lord and God; through the same Jesus Christ, Your Son. Amen.

Pray for Etta, William, Eloise, Edmund, and Clara

Pray for the Lord to fill you with joy, peace, and confidence this Easter season.

Pray the Lord’s Prayer, and either the Morning or Evening Prayer.
(Consult the “Companion Sheet” for the words of these prayers.)

Psalm 148



- ¹Praise the LORD!
Praise the LORD from the | heavens,*
praise him | in the heights!
- ²Praise him, all his | angels,*
praise him, | all his hosts!
- ³Praise him, | sun and moon,*
praise him, all you | shining stars!
- ⁴Praise him, you highest | heavens,*
and you waters above the | heavens!
- ⁵Let them praise the name | of the LORD!*
For he commanded and they were cre- | ated.
- ⁶And he established them forever and | ever,*
he gave a decree, and it shall not | pass away.
- ⁷Praise the LORD | from the earth,*
you great sea creatures and | all deeps,
- ⁸fire and hail, | snow and mist,*
stormy wind fulfill- | ing his word!
- ⁹Mountains and | all hills,*
fruit trees and all | cedars!
- ¹⁰Beasts and all | livestock,*
creeping things and | flying birds!
- ¹¹Kings of the earth and all | peoples,*
princes and all rulers | of the earth!
- ¹²Young men and maidens to- | gether,*
old men and | children!
- ¹³Let them praise the name of the LORD,
for his name alone is ex- | alted,*
his majesty is above earth and | heaven.
- ¹⁴He has raised up a horn for his people,
praise for | all his saints,*
for the people of Israel who are near to him. | Praise the LORD!
- Glory be to the Father and | to the Son*
and to the Holy | Spirit;

as it was in the be- | ginning,*
is now, and will be forever. | Amen.

Hymn for the Week: 470 O Sons and Daughters of the King

(Go to our website for a link to the music to listen to and sing along with this hymn)



1 O sons and daugh - ters of the King, Whom heav'n - ly
2 That Eas - ter morn, at break of day, The faith - ful
3 An an - gel clad in white they see, Who sits and
4 That night the a - pos - tles met in fear; A - mong them



hosts in glo - ry sing, To - day the grave has lost its sting!
wom - en went their way To seek the tomb where Je - sus lay.
speaks un - to the three, "Your Lord will go to Gal - i - lee."
came their mas - ter dear And said, "My peace be with you here."



Al - le - lu - ia, al - le - lu - ia, al - le - lu - ia!
Al - le - lu - ia, al - le - lu - ia, al - le - lu - ia!
Al - le - lu - ia, al - le - lu - ia, al - le - lu - ia!
Al - le - lu - ia, al - le - lu - ia, al - le - lu - ia!

5 When Thomas first the tidings heard
That they had seen the risen Lord,
He doubted the disciples' word.
Alleluia, alleluia, alleluia!

6 "My piercèd side, O Thomas, see,
And look upon My hands, My feet;
Not faithless but believing be."
Alleluia, alleluia, alleluia!

7 No longer Thomas then denied;
He saw the feet, the hands, the side;
"You are my Lord and God!" he cried.
Alleluia, alleluia, alleluia!

8 How blest are they who have not seen
And yet whose faith has constant been,
For they eternal life shall win.
Alleluia, alleluia, alleluia!

9 On this most holy day of days
Be laud and jubilee and praise:
To God your hearts and voices raise.
Alleluia, alleluia, alleluia!

Acknowledgments

Liturgy sections from Lutheran Service Book

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